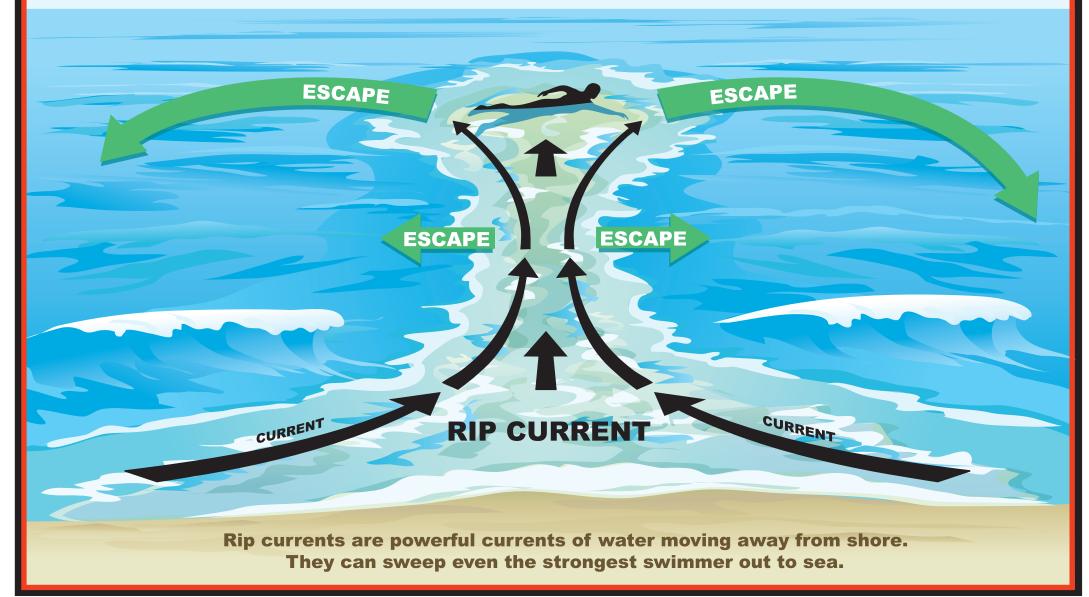
RIP CURRENTS Break the Grip of the Rip!



IF CAUGHT IN A RIP CURRENT

- Don't fight the current
- Swim out of the current, then to shore
- If you can't escape, float or tread water

If you need help, call or wave for assistance



More information about rip currents can be found at the following web sites:

www.ripcurrents.noaa.gov www.usla.org

