

CAPE COD SHUCKED OYSTERS

The Cape and Islands Chefs Association is a local chapter of the American Culinary Federation. It provides camaraderie and community and resources and logistical support to chefs and chef partners.

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ROASTED OYSTERS WITH SPINACH, FETA AND LEMON DILL AIOLI

FROM MICHAEL J BERIAU, CEC AAC, VICE PRESIDENT CAPE AND ISLAND CHEFS

INGREDIENTS

12 jumbo or 24 medium/large raw oysters in the shell

Spinach Topping:

2 Tbsp extra virgin olive oil

1 Tbsp salted butter

2 6-oz bags of baby spinach, chopped coarsely

3 Tbsp fresh dill chopped fine

3 Tbsp fresh mint chopped fine

1 lemon, zest & juice

34 cup feta cheese crumbles

1/2 cup shredded Swiss cheese

% cup parmesan cheese

¼ cup plain panko bread

crumbs

salt and pepper to taste

Aioli:

½ cup heavy mayonnaise½ lemon, zest & juice1 Tbsp chopped dill

DIRECTIONS

- Pre-heat gas grill to high (or very hot kettle grill)
- Scrupulously scrub oysters with a stiff vegetable food grade brush under cold water and remove any barnacles
- Place oysters, rounded side down, on a sheet tray, place in grill and close cover
- Grill for 5 7 minutes, remove, chill until can be handled
- The oyster will now open very easily with an oyster knife. Using the oyster knife, loosen the oyster from the top shell, keeping the par-broiled oyster intact in the bottom shell
- Discard the top shell
- Preheat a large sauté pan
- Add oil and butter to the preheated pan, then add the spinach and stir to wilt
- Remove pan from stove and place wilted spinach in a stainless steel bowl and chill
- Add remaining spinach topping ingredients to spinach and stir to blend topping mixture
- Top each opened oyster with approximately 2 Tbsp of the topping mixture
- Place oysters back onto sheet tray and bake 5 7 minutes in an oven pre-heated to 425 °F
- Blend all aioli ingredients together
- Remove oyster from oven and top with a nice dollop of the aioli





NOTES

The spinach topping can be made 2-3 days ahead and kept in the refrigerator.

A food processor can be used to combine the spinach topping ingredients; do not puree.

Arrange shredded lettuce on 4 plates.

Place 3 roasted oysters decoratively arranged to keep the oysters in place on the plate.

Garnish with a broiled lemon half or wedge.

Serves 4.

