

Microplastics are tiny bits of plastic about the size of a pencil eraser (5mm or less). Sometimes they're so small we can't see them easily with our eyes.

We can help reduce their presence in the environment by using less plastic, throwing away our trash and identifying eco-friendly alternatives to plastic.





Result from the break up of larger rigid plastics, may become brittle over time due to weathering



FILMS

Flexible pieces of plastic bags and wrappers, may become brittle over time due to weathering

FOAMS

Pieces of expanded or extruded polystyrene Sources include foam coffee cups, takeout containers, dock flotation, among others, Generally soft texture but may also be brittle

PELLETS (NURDLES)

Used in the production of plastic products. Usually have a round, smooth, manufactured appearance and feel



By mass, tire dust may represent more than 70% of all microplastics in the ocean

FIBERS

Plastic fibers from synthetic clothing and synthetic ropes of many colors, May fray over time due to weathering

MICROBEADS

Added to some personal care products, overthe-counter drugs and biomedical research. Now banned in certain personal care products in the U.S. and some other countries Cape Cod

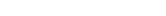
CAPE COD TRASH TOTE

FIELD GUIDE TO -PLASTIC IDENTIFICATION









COMMON TYPES OF PLASTICS

There are thousands of different plastics, each with its own composition and characteristics.

Plastic products can generally be grouped into seven categories, indicated on the product by a number (1 to 7) inside a triangle. The triangle (sometimes called a recycling symbol) doesn't mean a product is recyclable. The number tells us what type of plastic was used to make the product and can help you figure out how to dispose of it properly.

Not sure if something is recyclable? Use the search engine at www.RecycleSmartMA.org to find out!

REDUCE AND REUSE FIRST. THEN RECYCLE.



Polyethylene terephthalate

Clear, smooth, and flexible.

Examples: Water bottles, salad dressing, peanut butter jars, clothing fiber

EASILY RECYCLED





High density polyethylene

HDPE

Hard, opaque.

Examples: juice and milk jugs, household cleaner jugs.

EASILY RECYCLED





Polyvinyl chloride

Flexible, clear (plasticized); hard, rigid (unplasticized).

Examples: plastic tubing, kids toys, plastic trays.

GENERALLY NOT ACCEPTED IN MUNICIPAL RECYCLING





Low density polyethylene

Soft, flexible.

Examples: bread bags, garbage bags, cling wrap, six pack rings

GENERALLY NOT ACCEPTED IN MUNICIPAL RECYCLING







Polypropylene

Hard, flexible.

Examples: yogurt containers, straws, bottle caps.

SOME ITEMS ARE ACCEPTED IN MUNICIPAL RECYCLING





Polystyrene & Expanded polystyrene

Clear, glassy, rigid, brittle. Also expanded foam.

Examples: Styrofoam coffee cups, coolers, packing peanuts, CD cases

SOME RIGID PS IS RECYCLABLE **EXPANDED PS NOT ACCEPTED IN** MUNICIPAL RECYCLING







Mixed plastics and bioplastics (polylactic acid)

Plastic: Clear, hard, shatterproof. Examples: acrylic plastic,

polycarbonate plastic, polylactic fibers, nylon, fiberglass, and rope.

NOT ACCEPTED IN MUNICIPAL RECYCLING





