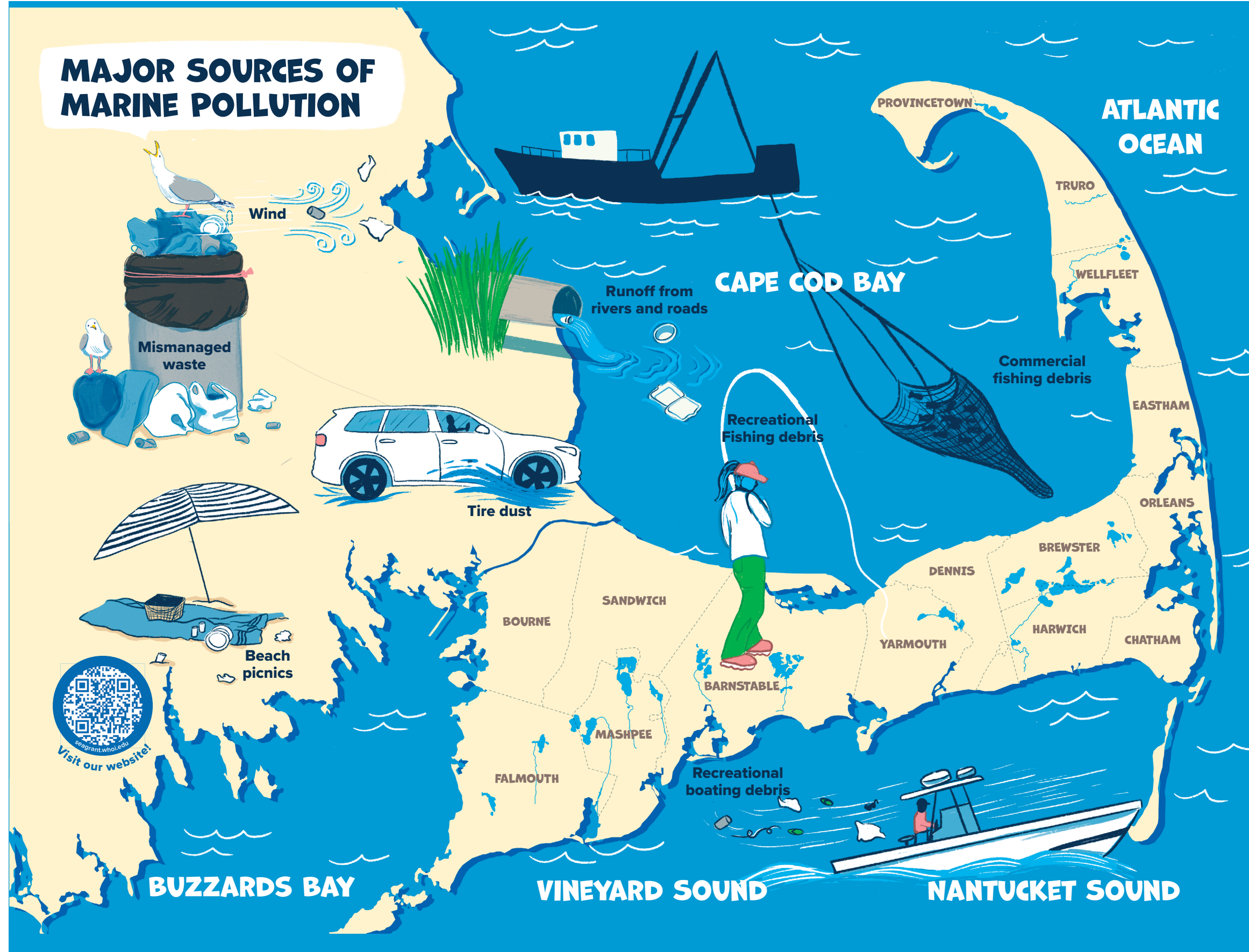


MAJOR SOURCES OF MARINE POLLUTION



Visit our website!
seagrant.who.edu

CAPE COD TRASH TOTE



FIELD GUIDE TO MARINE POLLUTION

SOURCES & SOLUTIONS



THINGS YOU CAN DO FOR TRASH-FREE WATERS



CAN IT
Use a trash can with a lid



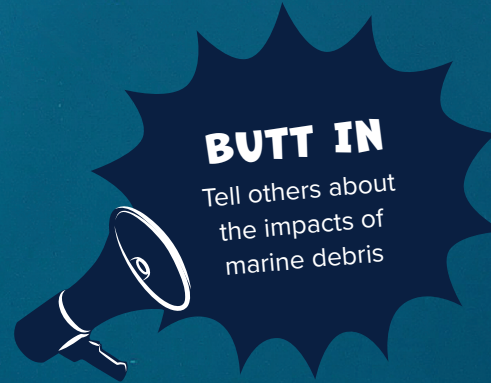
TAP IT
Drink tap water from a reusable water bottle



STOW IT
Prevent items from blowing into the lake by storing them properly



REMOVE IT
Participate in local cleanups



BUTT IN
Tell others about the impacts of marine debris



BUTT OUT
Put extinguished cigarette butts in an trash can so they don't reach waterways



REFUSE IT
Buy less to reduce the amount of manufactured items



REUSE IT
Bring your own reusable coffee mug, water bottle, food containers, utensils, and shopping bags



REINVENT IT
Ask companies to use less packaging materials



RECYCLE IT
Learn what items can be recycled (RecycleSmartMA.org) and put them in the right bin

THE 8 Rs TO CREATE LESS WASTE



RETHINK YOUR CHOICES



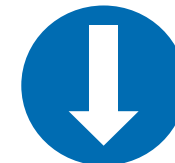
REFURBISH OLD STUFF



REFUSE SINGLE USE ITEMS



REPAIR BEFORE YOU REPLACE



REDUCE CONSUMPTION



REPURPOSE AND BE CREATIVE



REUSE EVERYTHING



RECYCLE