

APPENDIX A

Outreach Materials

School to Sea Boat Trip Eelgrass Lesson

Salem Sound Coastwatch

Abstract

This interactive lesson is meant to explain what eelgrass is, what threats it faces, and why it's important to the health of Salem Sound. It introduces how scientists collect data to monitor the abundance of eelgrass. Students will learn to estimate the percent coverage of vegetation within a quadrat. This lesson is intended for an audience of roughly 20-25 students and designed for a boat equipped with an underwater camera in Salem Harbor. It's flexible, so please tailor it to your needs; feel free to include as much or as little of the information below as you'd like, based on the age of the students.

Materials

- ☐ SplashCam underwater camera
- ☐ PVC 0.25 m² quadrat camera frame (with 30 ft. line)
- ☐ Laminated data sheets with reference charts (x2)
- ☐ Clipboards for data sheets (x2)
- ☐ Dry-erase markers for data sheets
- ☐ Laminated map of eelgrass beds in Salem Sound

Lesson Outline

What is Eelgrass?

- First, move to a location with fairly shallow water (roughly 15 to 25 ft.) before lowering the camera, which should be attached to the quadrat frame facing down toward the seafloor. The camera should project onto a monitor.
- Gently lower the drop-frame and camera to the bottom and wait 10 seconds for the sediment to settle. Make sure the quadrat lands upright and there is some amount of eelgrass within the quadrat.
- Ask the students what they see in the square: Do they know what's growing on the bottom?
- **Explain what they're seeing:** This is an eelgrass bed! Eelgrass (*Zostera marina*) is a native sea grass that lives in shallow waters with plenty of sunlight. It roots in the substrate and sprouts from rhizomes. It's a kind of flowering plant (unlike seaweed and other algae), which means it produces seeds.
 - Eelgrass is unique because it's one of very few plants that can survive entirely underwater! Its leaves have small air pockets to keep them buoyant, and its roots can grow in substrates where oxygen is unavailable.
- **Explain why it's important:** Eelgrass provides food and shelter to marine life and protects our coastlines from erosion.
 - Eelgrass is a nursery habitat for animals like young lobsters, flounder, mussels, and scallops, all of which are important to our fisheries.

- The leaves (which grow up to 3 ft. tall) reduce incoming wave energy, and their roots secure the soil and trap sediment, which builds the shoreline and prevents coastal erosion.
- It's a food source for sea turtles, ducks, geese, sea urchins, and snails.
- It filters out pollutants / runoff and sequesters carbon dioxide as it grows, which keeps our water clean and reduces the impacts of climate change.
 - It's known as a "blue carbon" habitat because it combats ocean acidification and global warming by storing CO₂ underwater.

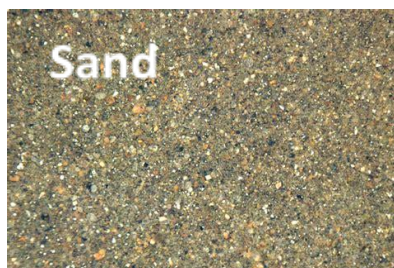
Quadrat Exercise

- Next, the students get to make their own observations. Move the frame and camera to a slightly different spot so the camera is looking at a new location on the seafloor.
- Split the students into two teams, and provide each team with a data sheet.
 - One team will observe the sediment and decide what types of substrate are present in the quadrat (sand, gravel, and shell hash).
 - One team will observe the eelgrass and estimate the percent coverage of grass in the quadrat using the chart below.
 - Older students can estimate the percent coverage numerically using four bins (1-10%, 10-30%, 30-75%, 75-100%).
 - Younger students can estimate the coverage qualitatively using three categories (low, medium, high).

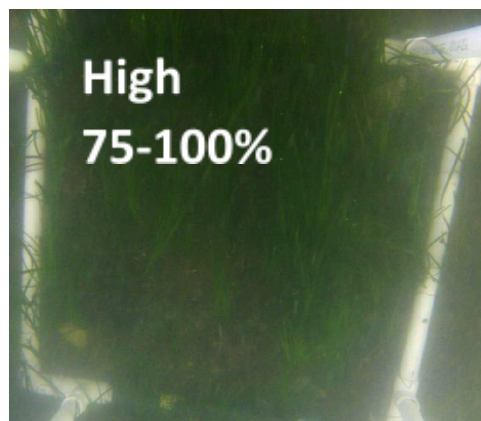
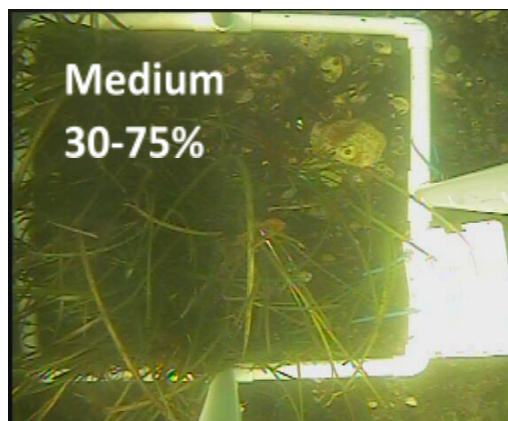
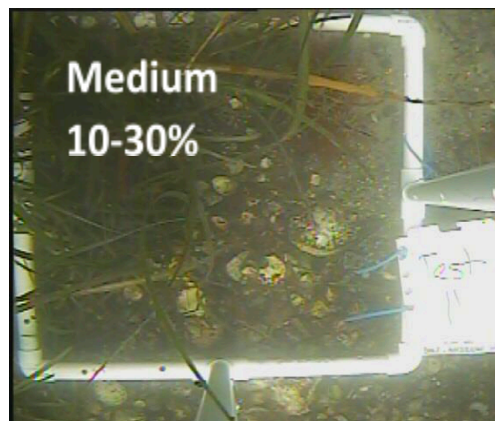
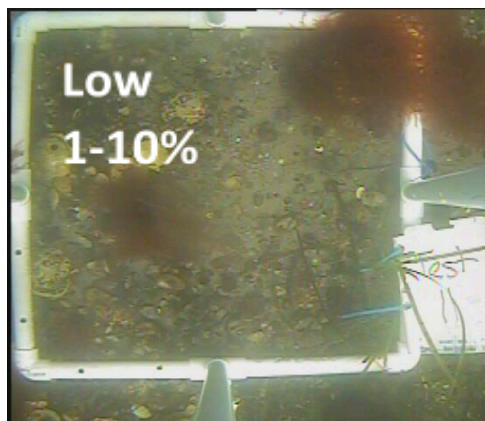
Sea Grass Field Sampling (Winter Island)

	Coverage	Sediment		
	Eelgrass	Sand	Gravel	Shell Hash
Team A		Y / N	Y / N	Y / N
Team B		Y / N	Y / N	Y / N

Substrates:



Percent Cover:



- Allow the teams to discuss and work on their data sheets for about 3-5 minutes, then change roles and repeat so that each team observes both the eelgrass and substrate.
 - If multiple chaperones are present, it may be helpful to have one adult act as a scribe for each team.
- After both teams have finished, reconvene the students as a group. Ask them to **share what they noticed**: were there any differences between the two teams' results? What might their observations mean about where eelgrass grows?
 - For instance, if there was dense eelgrass coverage and lots of sand, does eelgrass prefer to grow in sandy substrates?
- Finally, collect the data sheets and erase them to be reused next time.

Conclusion & Takeaways

- Use this exercise to **explain scientific monitoring efforts**. The students just used a quadrat to take a random sample of the harbor; scientists do the same thing to monitor the health of eelgrass beds. By doing lots of quadrat surveys in different places, we can get an idea of where eelgrass is growing and how its distribution is changing over time!
 - Salem Sound Coastwatch is doing exactly this – we're using an underwater camera to map changes in eelgrass habitat all along the coast of Massachusetts.
 - While explaining this, feel free to pass around a [map of eelgrass beds](#) in Salem Sound.
- **Explain what scientists have discovered this way**: it turns out, eelgrass has been disappearing from the harbor for a number of reasons.
 - Sediment runoff increases the turbidity (murkiness) of the water, as do algal blooms caused by excess nutrients. This reduces the amount of sunlight that

eelgrass receives, causing it to die off. Even shade from small docks can have the same effect!

- Boating activities can harm eelgrass in a number of ways. Propellers and anchors tear up the leaves, and moorings can rip through the roots and rhizomes as they're dragged by the current, known as "scarring."
- Severe storms and dredging projects can directly uproot eelgrass beds.
- Higher temperatures, disease, and predation from invasive species also damage eelgrass populations.
- **Explain what people are doing to protect eelgrass:** Lots of people are trying to [help eelgrass](#) by improving our water quality and replanting eelgrass beds in Salem, Beverly, and Marblehead.
 - Salem Sound Coastwatch is currently working on a project funded by WHOI SeaGrant with MassBays and MA DMF to study the use of eelgrass seeds in eelgrass restoration at [Winter Island](#). This is unusual in Massachusetts, because restoration projects usually involve transplanting entire eelgrass shoots (or "plugs"). If it proves to be successful, a seed-based approach could allow restoration projects to cover a much greater area.
 - Scientists are also investigating whether heat-tolerant eelgrass from southern regions could be brought further north in order to protect eelgrass beds from global warming in the future.
- Don't forget to pull up the camera and frame again before leaving!

Eelgrass Seed Viability Testing

Eelgrass (*Zostera marina*) is a critical marine habitat that provides a myriad of ecosystem services, yet its extent continues to decline across the Massachusetts coastline and beyond. Restoration efforts to date have largely focused on the transplantation of adult shoots, the effectiveness of which is limited by the high implementation cost and low potential for scaling up to the extent needed to reverse recent declines. Seed-based restoration offers an alternative that can be implemented at greater scales and at a lower per-area cost. The Massachusetts Bays National Estuary Partnership (MassBays), the Massachusetts Division of Marine Fisheries (MA DMF), and Salem Sound Coastwatch (SSCW) were funded by the Woods Hole Oceanographic Institution (WHOI) SeaGrant to determine if seed-based restoration can be an effective method for eelgrass restoration.

Viable seeds are the foundation of this work. We'll be contributing to this study by testing the viability of seeds from a local and a non-local source to measure their fall velocity, shell hardness, and color. Marion and Orth (2010) found that viable ("good") seeds had an intact coat, resisted compression, and had a fall velocity of 5.5cm/sec or higher, with 89% of those seeds producing seedlings.

"Good" seed checklist:

- ☒ Intact coat
- ☒ Firm seed
- ☒ Fast fall velocity

Materials:

- | | |
|--------------------------------------|-----------------------------|
| - 2 white ice cube trays (drop test) | - Seawater (20ppt) |
| - 1 gray ice cube tray (tetrazolium) | - Stopwatch |
| - Forceps | - Tetrazolium solution (1%) |
| - Drop tank | - Scalpel |
| - Ruler | - Dissecting microscope |

Drop-test Procedure:

Each group will be testing a subset of seeds from either the LOCAL (West Beach, Beverly) or the NONLOCAL (Provincetown) seed source.

1. Fill your tank with 22cm of seawater (20 ppt). Be sure to measure the water level from the inside of the tank.
2. Obtain a sample of seeds from either the Local or the Nonlocal study site.
3. With forceps, randomly select a single seed from your sample. Inspect the seed. Note its color (light, medium, dark), hardness (soft/firm), and whether or not the seed coat is intact or damaged. Record this on the data sheet.

4. While one partner waits ready with the stopwatch, the other partner should hold the seed just below the water's surface with the forceps. Count down (3, 2, 1) and then simultaneously release the seed and start the timer. Stop the timer when the seed hits the bottom of the tank. Record the drop time on your data sheet.
5. Repeat until you have tested a total of 32 seeds.

DROP TEST DATA SHEET

Circle Seed Location: LOCAL // NONLOCAL

[illegible]

Seed #	Color	Hardness	Seed Coat	Drop Time (sec)

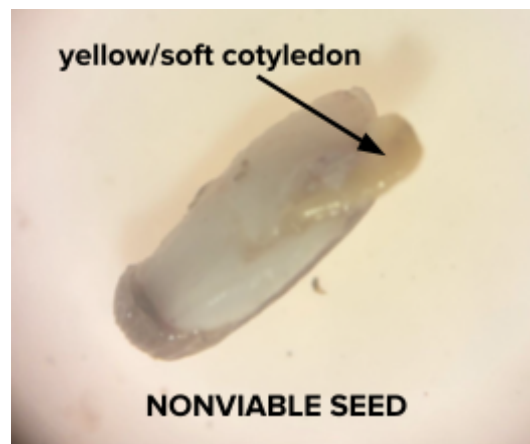
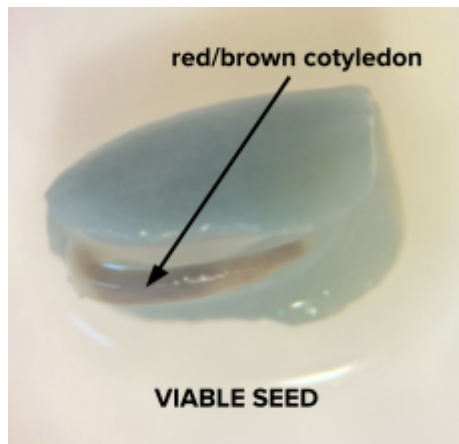
Tetrazolium Staining Procedure:

Viability is determined via tetrazolium staining. A seed's cotyledon will be stained brown/red if viable and will remain yellow if nonviable. Each group will test half of the seeds from the drop test to determine if there is a correlation between drop velocity and viability.

1. Put on gloves and safety goggles. Obtain the gray tetrazolium ice cube tray, forceps, and a scalpel (CAUTION: SCALPEL BLADES ARE EXTREMELY SHARP).
2. Using a pipette, fill each ice cube tray compartment with enough tetrazolium solution to cover the bottom (about 1ml).
3. Select 16 seeds to test in the following categories:
 - a. 4 of the fastest seeds.
 - b. 4 of the slowest seeds.
 - c. 4 medium-fast seeds.
 - d. 4 medium-slow seeds.
4. One at a time, remove a selected seed from the drop test ice cube tray and, using the scalpel, CAREFULLY cut away the seed coat, ensuring the inside embryo is not damaged.
5. Place the unsheathed seed in the tetrazolium solution, ensuring you've noted which seed # corresponds to the tetrazolium bin #.
6. Repeat these steps for the remaining seeds. Seeds will be inspected after 24 hours.

Day 2 Tetrazolium Procedure:

1. Put on gloves and goggles. Obtain forceps, a glass petri dish, and dissecting microscope.
2. Remove the first seed from the tetrazolium solution with forceps and place in the glass dish.
3. Observe the seed through the dissecting microscope. Specifically, you're looking for the cotyledon (the first shoot during germination) is stained. If it is stained red/brown, consider the seed viable. If yellow or soft/mushy, consider the seed nonviable. See photos below.
4. Record your findings for all 16 seeds on the data sheet provided.



TETRAZOLIUM VIABILITY DATA SHEET

Seed #	Viability (<i>viable</i> / <i>nonviable</i>)	Observation Notes

GRAPHS

Calculate the seeds' velocity (cm/sec) in Google sheets. Compile the results of the class data on a Google sheet. Calculate the average seed velocity per site. Calculate the average number of viable seeds per site. Make two bar graphs to visualize these data.

CONCLUSION

Write a conclusion summarizing your results.

- Brief overview of eelgrass restoration, our study, and why this is important.
- An analysis of the results of our (the class') study
- A comparison of our results to Marion and Orth's (2010)
- Concluding thoughts about the big picture of eelgrass restoration.

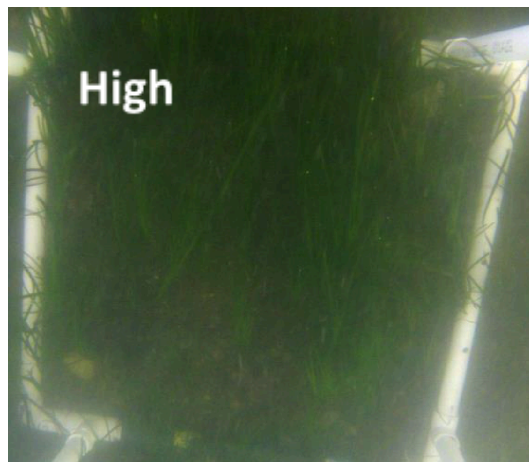
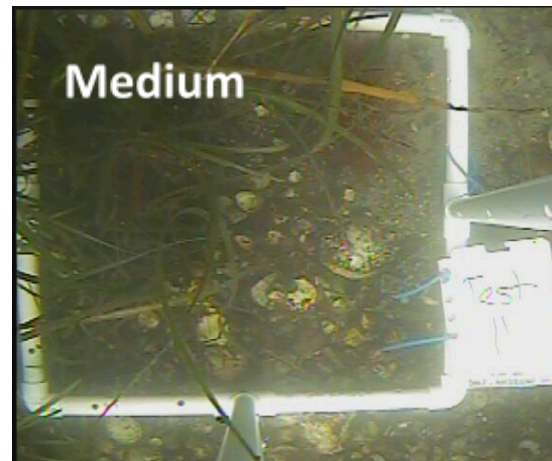
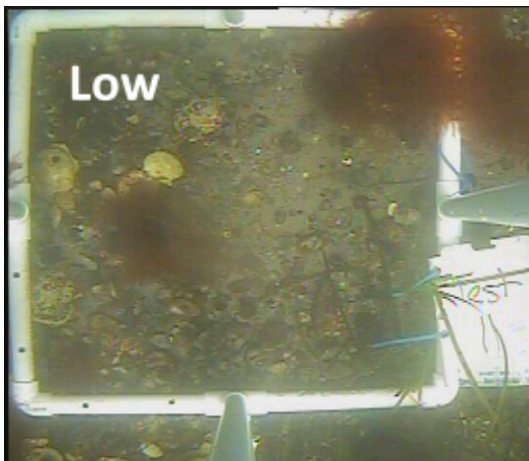
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Substrates:



Percent Cover:



Moving toward seed-based approaches to eelgrass restoration and resiliency



Jill Carr
NEP Tech Transfer 2024

Continued losses & attempts to restore

- Losing 2 football fields per hour globally
- Historic declines across most of Massachusetts, ~50% loss since 90's
- Traditional “adult shoot” restoration methods not scalable



Working Regionally

Working Regionally

- 2022: started convening New England NEPs to assess needs and resources

Intent: This spreadsheet will be shared with New England NEPs to assess resources and needs related to seed-based eelgrass restoration and monitoring; with the ultimate goal of developing region-wide project ideas that fill knowledge gaps and result in eelgrass restoration.

Instructions: Review the Components listed in columns A-C. In two blank columns to the right, work down the rows listing your resources and needs for each Component. Columns D and E can be used as an example (MassBays entry). Resources you list need not be in-house; in fact, it will be helpful to know who might be potential partners with resources (e.g., aquarium has seawater tanks, agency has boats, etc)

NEP (State): MassBays (Massachusetts)
Completed by: Jill Carr

NEP Casco Bay Estuary Partnership (Maine):
Completed by: Curtis Bohlen, Matt Craig

NEP (State): Long Island Sound Study
Completed by: Cayla Sullivan

NEP (State): Piscataqua Region Estuaries Partnership
(NH/Southern ME)
Completed by: Trevor Mattiera

NEP (State): Buzzards Bay NEP (MA)
Completed by: Joe Costa

NEP (State): Peconic Estuary Partnership (NY)
Completed by: Joyce Novak

Data, Infrastructure, and Process Components to Support a Regional Large Scale Eelgrass Seeding Restorations

[illegible]

Working Regionally

- 2022: started convening New England NEPs to assess needs and resources
- 2023: Create and distribute flowering phenology protocol, based on NEP request

Standard Operating Procedure: Assessing Eelgrass Flowering Density and Seed Maturity

Version 1, 5/30/23

Contact: jillian.carr@umb.edu, colarusso.phil@epa.gov

*Purpose: There is great interest in using eelgrass (*Zostera marina*) seeds for restoration efforts, but little is known about the optimal location and timing of harvest activities. This field protocol was developed to address a regional data gap and provide a standardized approach to data collection for coastal management Programs and NGO organizations located in New England. The protocol can be conducted by boat, and via snorkel, wading or scuba, by professional or trained volunteers.*



Data Collection

Beginning May 1 of any year and continuing until seed release has ended, visit each site and conduct the following assessments:

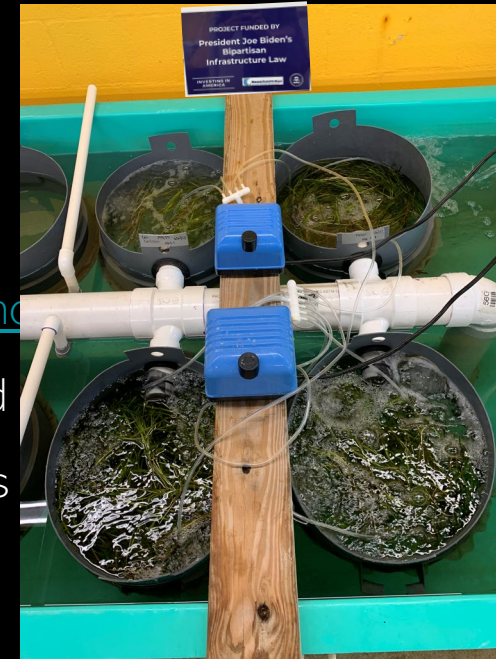
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Hoping to convene all partners this winter!

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 - Giant \$18M “HEAT” Proposal to NOAA → ☹️ (still looking for \$\$!)
 - NPS able to continue with internal funding for subset of sites





- 2023 - ? : MassBays uses BIL funding to build and staff shared tank infrastructure
(Cat Cove Marine Lab, Salem MA)

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(Cat Cove Marine Lab, Salem MA)
- 2024: WHOI SG funds for seeding study across MassBays area,
MADMF-RIDMF get funding for sister study in MA-RI

WHOI SeaGrant Study:

Fill data gaps for seed-based restoration

- 1) when and where reproductive eelgrass shoots should be harvested
- 2) the quantity, quality and germination rate of MA origin seeds
- 3) potential impacts of seed harvest on a donor meadow
- 4) the regulatory processes needed to permit large-scale routine harvest and seeding

Develop Best Practice Guide

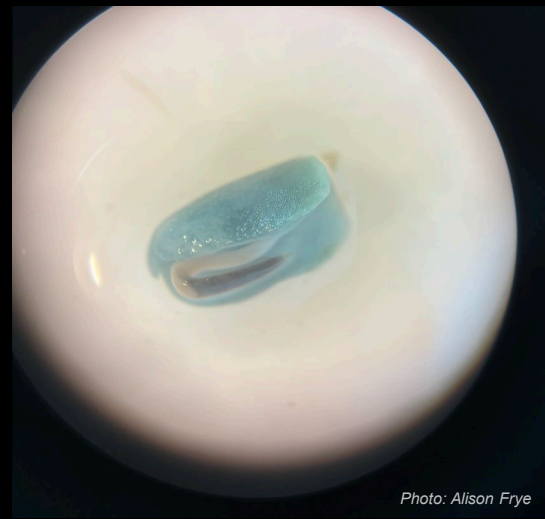


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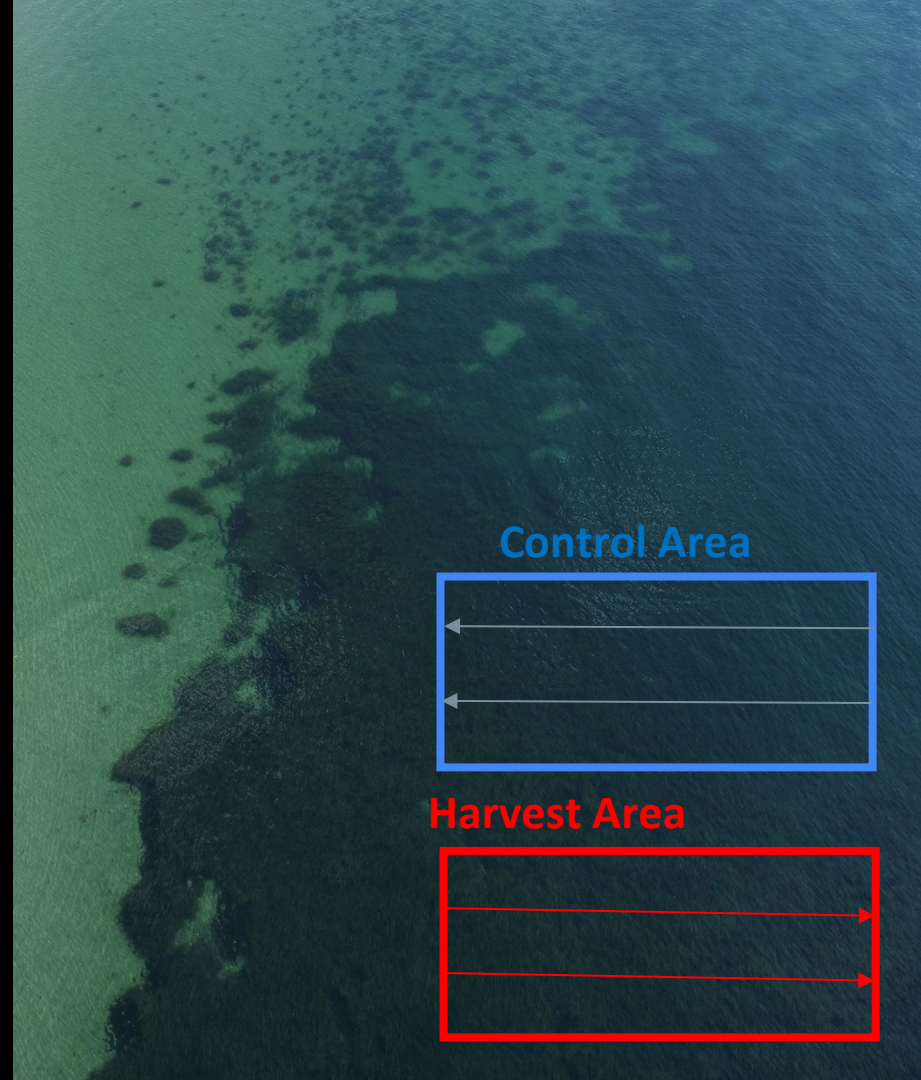


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Develop Best Practice Guide



**US Army Corps
of Engineers®**



MassDEP

Commonwealth of Massachusetts
Department of Environmental Protection

**Massachusetts
Environmental Policy Act
Office** (MEPA)



**Massachusetts Office of
Coastal Zone Management**



**CONSERVATION
COMMISSION**

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Develop Best Practice Guide

thank you!



APPENDIX B

Protocols

Standard Operating Procedure: Assessing Eelgrass Flowering Density and Seed Maturity

Version 1, 5/30/23

Contact: jillian.carr@umb.edu, colarusso.phil@epa.gov

*Purpose: There is great interest in using eelgrass (*Zostera marina*) seeds for restoration efforts, but little is known about the optimal location and timing of harvest activities. This field protocol was developed to address a regional data gap and provide a standardized approach to data collection across several National Estuary Programs and NGO organizations located in New England. The protocol can be implemented from shore or boat, and via snorkel, wading or scuba, by professional or trained volunteer scientists.*

Rationale/background

Traditionally, eelgrass restoration in New England has been predominantly done by adult shoot transplants. The actual method of deploying the uprooted shoots at the restoration site may vary (e.g., horizontal rhizome method, TERFs, tortilla method), but these just represent a minor variation on a theme. Success rates have for the most part been low and unpredictable. Adult shoot transplanting is labor intensive and as a result expensive. Due to the labor and costs involved, most practitioners are attempting to restore areas of < 1 acre over a period of 1-3 years, often not long enough to result in success. This track record has led to some funders no longer supporting eelgrass restoration projects.

In the Chesapeake Bay region, eelgrass restoration is no longer attempted by adult shoot transplants, and all restoration efforts are carried out via seeding. In the coastal bays of Virginia, close to 10,000 acres of eelgrass have been restored after a persistent large scale seeding effort, involving the deployment of over a million seeds a year for a decade. From year to year, they had highly variable rates of success. After a decade, they had accumulated enough success that the surviving restoration areas become seed sources spurring natural expansion.

Using a seeding approach for restoration has some benefits and some challenges. The challenges include having sufficient infrastructure to hold the reproductive shoots and an efficient way of separating seeds from the rest of the plant material. Benefits include easy transport and deployment of seeds to restoration sites and a relatively easy way to increase genetic diversity by using seeds from multiple meadows. In order to initiate seed-based restoration at the scale needed to combat regional declines in eelgrass, key data gaps must be filled to inform restoration planning.

This protocol was developed to fill knowledge gaps while accommodating programs with varying resources and capacity for field work. Programs may elect to conduct one, two, or all of three assessments described herein.

Site Selection

Many states have online-accessible eelgrass maps derived from aerial surveys. These maps are a good initial step to determine the current distribution of eelgrass in your geographic area of interest. From the mapped meadows in your area, consider these factors to select target sampling meadow(s):

Logistics: Does the site have easy public access? Is there parking? Can you swim to the meadow from the shore (if needed)? Is a boat required? Does water depth dictate a sampling method (i.e. scuba, snorkeling, wading) available to you? Is the site close enough to allow for every-other week visits?

Safety: Is the site far removed from substantial of boat traffic or sewage outfalls? Are the tidal currents excessively strong?

Data Collection

Beginning May 1 of any year and continuing until seed release has ended, visit each site and conduct the following assessments:

- (A) Phase of seed maturation (seed scoring), *at least every-other week*, and/or
- (B) Flowering shoot density, *every-other week*, or *at least once per year when at least 50% of spathes reach stage 4*, and/or
- (C) Seed density, *at least once per year when at least 50% of spathes reach stage 4*.

If sampling every-other week, approximately 8-10 visits are anticipated per site. Weekly records are useful if capacity allows, especially as seeds reach the dehiscing stage. Once on site, the assessments are expected to take 0.5 to 2 hours.

Assessment A: Seed maturity field sampling (*every-other week*)

Reproductive shoots are morphologically very distinctive. They tend to grow taller than the rest of the meadow canopy and are often a lighter green, almost yellowish in color, with a spindle-like stem (Figure 1).

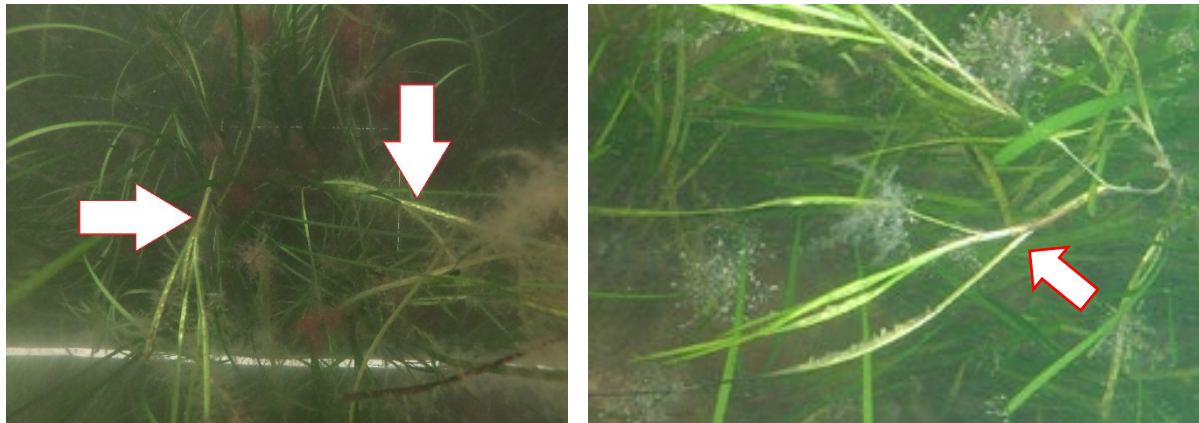


Fig 1 : Examples of reproductive shoots in the field. Source: MA DMF (left), SeagrassLI.org (right)

The seeds on a reproductive shoot are contained within spathes, which protect the developing seeds until they dehisce or separate from the plant. Spathes are clustered in branches called rhipidia (Fig 2). Immature seeds are green in color, and mature seeds tend to be dark brown or almost black in color. The timing of seed maturation can extend over a number of weeks in one meadow, and is a critical piece of information to gather for restoration planning purposes. We would like to know the earliest date when seeds reach maturity and when most seeds have dropped.

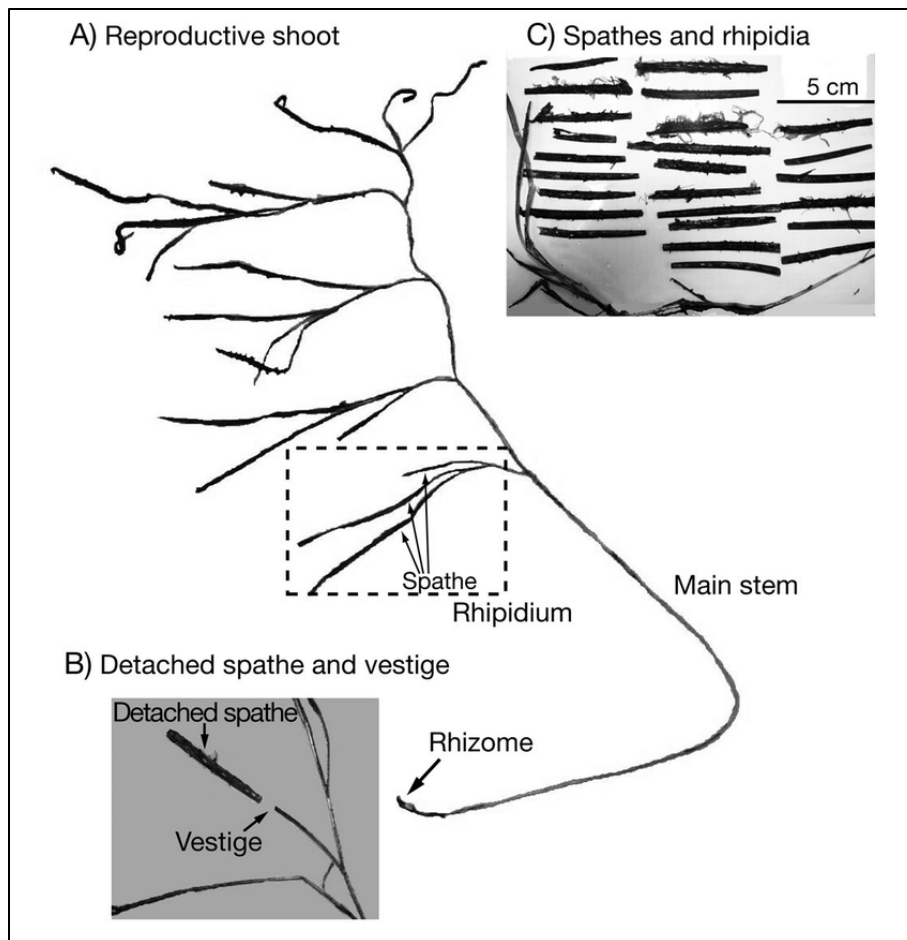


Fig 2. Eelgrass reproductive shoot morphology. Source: Hosokawa et al 2015

It is important to note that seeds on the same flowering plant do not mature uniformly. Spathes lower on the plant, within older rhipidia, tend to contain mature seeds sooner than those higher on the plant (De Cock 1980, Kuo and McComb 1998). Thus, sampling will include multiple parts of the plant, which will be scored using a key to describe the stage of seed maturity.

Field Protocol

1. Record site details on the Site Information Datasheet.
2. From each site, collect **five flowering shoots** from locations spread across the sampling area, by reaching to the bottom of the plant and pinching / snapping the stem where it meets the sediment, and give a gentle pull. Collect shoots at least 1 m apart, ideally spacing samples out over 10-20 m sampling area. Avoid sample collection within quadrats used for density sampling (Assessment B), if applicable.
3. Combine all samples from the site into one zip-close bag and keep in a cool and dark place until you can score the plants, ideally within 24 hours. Scoring at the site is acceptable.

Plant Scoring

1. Identify the reproductive components of the plant (Fig 2).
2. Find the first (lowest and oldest) rhipidium. Record this as rhipidium #1 in your datasheet. For each spathe on that rhipidium, in any order, identify the maturity stage (0-6) using Figure 3. Enter UNS if unsure. Consider taking a photo if unsure and ask for a second opinion.

3. Repeat step 2 for the next rhipidium moving up the plant, which will be #2. Continue working upward to the youngest, uppermost rhipidium.
4. Complete for each of the five shoot samples. Record stages on the field sheet.
5. For each sample, take a representative photo of the stages observed. This will help QA/QC data later.
6. Collect additional seed data (Assessment C) once per year when *at least 50% of the spathes* are in stage 4. Otherwise, discard samples.

Flowering stages of *Z. marina*. Stage 0: Spathes have developed, but styles have not yet erected; stage 1: Styles erect out of spadix; stage 2: Styles bend back into spathe after pollination; stage 3: Half-anthers release pollen; stage 4: Half-anthers have been released, seeds maturing; stage 5: Seeds are starting to release; and stage 6: Post-seed release and the flowering shoot begins to wither. Stages 1–6 are described in more detail in De Cock (1980)

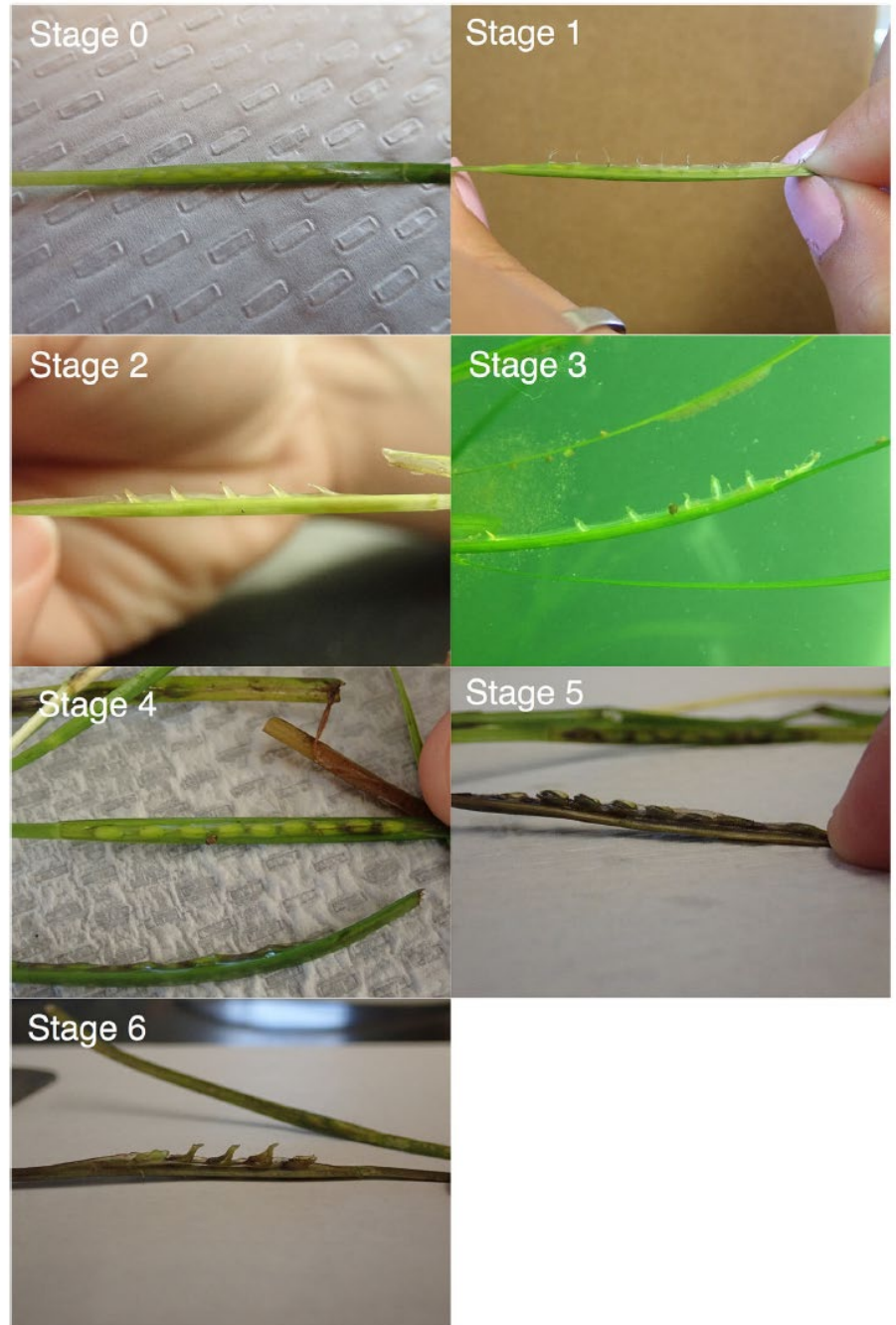


Fig 3A. Stages of eelgrass seed development (von Staats et al. 2021).

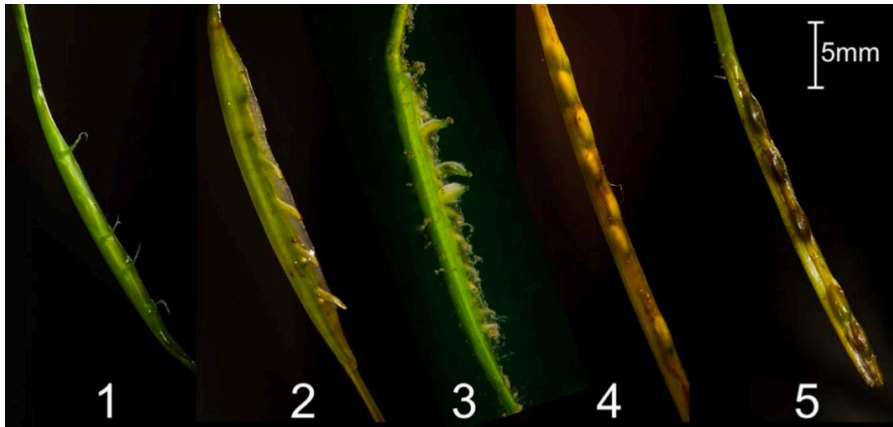


Fig 3B. Stages of eelgrass seed development (Infantes and Moksnes 2018).

Assessment B: Flowering shoot density

(every-other week, or at least once annually when at least 50% of spathes are in stage 4)

Establish sampling design & equipment

To determine flowering density, the number of reproductive shoots are counted in a fixed area as defined by a square shaped quadrat. Quadrats come in many sizes, designs, and materials. The largest quadrats use for seagrass assessments are generally 1 m², with other common quadrat sizes being 0.25 m² (1/4th) or 0.0625 m² (1/16th). *The 0.25 m² size is preferred* for ease of maneuvering and efficiency when performing shoot counts, though any size may be used as long as quadrat size is recorded in the data. If you do not own a quadrat, they can be inexpensively built with PVC pipes and PVC elbows. Most home improvement stores will cut the pipe to size for you (e.g., into four 1 m, 0.5 m or 0.25 m segments), and then you must glue the segments to the elbows to form a square. It is recommended that you drill several holes in each pipe segment to allow for water flow and reduce buoyancy of the quadrat. PVC of diameter 1" to 2" works well.

Aim to sample at least 3 square meters of eelgrass per site (e.g., 12 x 0.25 m² samples (*preferred*); but if needed, can sample 3 x 1 m² samples or 36 x 0.0625 m² samples).

There is flexibility in approaches to spacing of the quadrat samples, depending on site conditions and access. Attempts should be made to sample quadrats separated at least 1 m from each other.

1. Completely random sampling: Throw the quadrat in completely random distance and direction. The advantage of this approach is it can save time. The disadvantage is you might miss areas of specific interest and you can't define the exact locations sampled.
2. Directed sampling: After doing some initial reconnaissance, one can target areas of a meadow that may appear to have higher flowering rates. Timing and quantity of flowering will vary spatially within individual meadows. This approach will ensure flowering shoots are captured. The disadvantage is this might result in an overestimate of the actual flowering rate throughout the entire meadow, however, literature has already documented that different parts of the meadow flower at different rates, a phenomenon that is largely depth-driven.
3. Transect sampling (*preferred*): A transect is simply a measured line laid out and quadrat samples are taken at regular *predetermined* intervals (e.g., every two meters). By taking GPS coordinates at the

beginning and end points of the transect, fairly precise sample locations can be revisited over time. Resampling sections of the meadow through time is a valuable approach. If one is trying to define the time of maximum flowering and seed ripening, it is best done by resampling the same area through time. This approach does take more time to complete. To expedite subsequent sampling visits, one can deploy semi-permanent markers (e.g., metal screw anchors, wooden stakes) at the beginning and end points of the transect.

Field protocol: Quadrat data collection

1. Record site details on the Site Information Datasheet.
 2. Access the meadow by snorkel, scuba or wading. If wading, be mindful of impacts caused by footsteps.
 3. If possible, collect a GPS point of the sampling location. You can get coordinates using phone apps like Google Maps. Otherwise, interpolate the location as accurately as possible from a map (e.g., Google Earth, ArcGIS).
 4. Place the first quadrat per the sampling design chosen, above. Count the number of reproductive shoots that are rooted within the quadrat. It is best practice to go around the outside edge of the quadrat and ensure the shoots rooted outside the quadrat are not laying down and included incorrectly in the count.
 5. *Optional:* if time and capacity allow, also count vegetative (non-reproductive) shoots in each quadrat.
 6. Carefully lift the quadrat and move on to the next, until all are completed. Complete the field data sheet as you work.
-

Assessment C: Seed density (*once annually when at least 50% of spathes are in stage 4*)

Once per year, collect data on the number of rhipidium, spathes, and seeds per spathe using a 5-shoot sample from each site. This is best done when at least 50% of the spathes are in stage 4 (Fig 3) for accuracy and ease of observation. The timing of this is likely mid- to late-summer but will vary by location. Information about seed density per plant is useful for restoration planning and a helpful tool in donor bed prioritization. The more sites you can assess, the better for your local restoration planning. This assessment can take place while at the site or in the lab.

Field/Lab Protocol:

1. Record site details on the Site Information Datasheet.
2. Use a sample from A above (e.g., 5 flowering shoots from one site).
3. Starting with rhipidia #1 (lowest), count and record the number of spathes.
4. For each spathe, count and record the number of seeds, which can be directly seen and felt through the spathe. Stage 4 seeds are still maturing and are mostly green in color. Use a magnifying glass and a pointing tool or probe if needed to assist counting.
5. Continue for ALL rhipidia on the plant (there may be 4 or more).
6. Note qualitative variations in seed size, condition or color within the sheath in the Notes column.
7. Record using the datasheet, discard samples.

References

- De Cock, A.W.A.M., 1980. Flowering, pollination and fruiting in *Zostera marina* L. *Aquat. Bot.* 9, 201–220
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- Kuo, J., McComb, A.J., 1998. Zosteraceae. In: Kubitzki, K. (eds) *Flowering Plants · Monocotyledons. The Families and Genera of Vascular Plants*, vol 4. Springer, Berlin, Heidelberg.
- von Staats, D.A., Hanley, T.C., Hays, C.G., Madden, S.R., Sotka, E.E. and Hughes, A.R., 2021. Intra-meadow variation in seagrass flowering phenology across depths. *Estuaries and Coasts*, 44, pp.325-338.

Site information datasheet

Site Name: _____

Site Address: _____

Lat (dd.ddd°): _____

Long (dd.ddd°): _____

Organization: _____

Access Notes: _____

Site Location Type

Tidal River _____ Embayment _____ Open Ocean _____

Other _____

Bottom Type (select all that apply)

Mud _____ Sand _____ Silt _____ Gravel _____ Shell hash _____

Other _____

Meadow Characteristics

Sparse _____ Dense _____ Patchy _____ Mixed _____ Other: _____

Stressed _____ Healthy _____ Other: _____

Describe meadow size, shape, stressors present, etc.:

Sketch of meadow and sampling sites



Assessment A: Seed maturity data sheet

Site Name: _____ Sample **Collection** Date/Time: _____
 Sample Scorer Names: _____ Sample **Scoring** Date/Time: _____
 Org Name & Contact: _____

[illegible]

Numbers shown as example.

Assessment B: Quadrat sampling datasheet

Site Name: _____

Date: _____

Sampler Names: _____

Time: _____

Org Name: _____

Water Temp: _____

Quadrat size used: 1 m² _____ 0.25 m² _____ 0.0625 m² _____ Other: _____

Quadrat placement strategy: Random _____ Directed _____ Transect _____
Other: _____

Quadrat Number	Repro Shoot Count	Vegetative Shoot Count <i>optional</i>		Quadrat Number	Repro Shoot Count	Vegetative Shoot Count <i>optional</i>
1	8					
2	3					
3	0					
4	3					

Notes: _____

Numbers shown as example.

Assessment C: Seed density data sheet (once per year)

Site Name: _____ Sample **Collection** Date/Time: _____
 Sampler Names: _____ Sample **Processing** Date/Time: _____
 Org Name & Contact: _____

Sample (shoot) <i>Values: 1-5</i>	Rhipidium <i>Values: 1-x</i> (1 is lowest on plant)	# Seeds per Spathe <i>Values: 0-x</i> (Separate by comma, include as many spathes as present)	Notes
<i>1</i>	<i>1</i>	<i>22, 20, 18</i>	
<i>1</i>	<i>2</i>	<i>14, 10, 19, 20</i>	
<i>1</i>	<i>3</i>	<i>23, 20, 18</i>	
<i>1</i>	<i>4</i>	<i>13, 18, 18</i>	
<i>1</i>	<i>5</i>	<i>22, 21</i>	

Numbers shown as example.

APPENDIX C

Advisory Committee Meeting Materials

WHOI SeaGrant - Advisory Committee Meeting

2/26/24

In attendance: Forest, Alison, Jill

Phil, Randall, Alyssa, Jessie, Brad, Holly

Note: Action Items added to each section in a 3/11/24 team meeting following the AC meeting

Field Methods:

Task 4 (Slide 5)

- Brad: will all 8 sites have light/temp sensors? - Yes
- OK to reduce density counts at less than 12 quadrats? Jessie - use smaller quadrat (coffee can!) for high density areas; Brad - use $\frac{1}{4}$ for flowers and $\frac{1}{16}$ th for vegetative instead; Phil and Randall agree. Keep all 12 quadrats.
- Keep sensors out thru winters? Yes, agreement
- Harvest efficiency: harvest by time or target count? Phil - should disperse impact over area, so target count may not be as representative as target time. Brad - divers track to reach specific shoot count target rather than harvest as much as possible in fixed time. Jessie - how long to fill a big trash can? Lets you average out for variability among individuals, worked great for harvest at scale. Brad - order of mag difference between divers and snorkelers; 1 diver probably = 3 snorkelers. Brad and Jessie - would be nice to be able to gauge differences between novice and seasoned harvesters, would better inform best practices

Action Items:

Keep 12 quadrats, use $\frac{1}{4}m^2$ for repro counts and $\frac{1}{16}$ for vegetative counts. Always put $\frac{1}{16}$ in the same spot.

Keep timed harvest as time-based rather than shoot count based

Sites (Slide 6)

- Phil- value in revisiting Von Staats sites. Value in sampling stressed meadows since some data indicating higher flowering rates. However if harvest for restoration is the goal these may not be sites we'd want to target.
- Randall- harvesting stressed beds feels like a separate question.
- Holly - would want to see representation of all types of beds: estuaries, open coast, sparse, dense, healthy, stressed
- Phil interested in helping collect on north shore (Niles Beach Gloucester and Pirates Cove Nahant)

Action items:

Final result is 10 DMF stations; confirmed a good mix of estuarine/open water, dense/patchy. We can't confidently assess healthy vs stressed at this time, out of scope.

Phil committed to sampling Nahant/Dorothy and Niles; CCS/NPS committed to outer cape. FS will connect with CSCR

Forest removed BH; assigned some sites to partners in new GIS layer.

MBL - any chance they can add a site, or have a site mid cape?

C-I Experiment (Slide 7)

- Is the experimental area (800m², 0.2 ac) big enough? Too big? Alyssa - this is a big area and a lot of work. Has done it with grad students over a 10x10m area and they've not been able to finish after several hours. Experienced divers can be more efficient. Maybe plan on a couple days.
- Jessie - since they develop over time, you might not get every flowering shoot. Consider a pre or post check to see if you got them all.
- Brad - how do you know when? - Pair with the temporal maturity sampling and use one of those sites.
- Phil - for this experiment the exact timing is less important because flowering shoots are not generally produced over the course of the season?
- Jessie - can you look into seed bank? - we're considering a coring component
- Brad - likely to miss some. - Maybe we aim for a certain number of shoots within the area instead?
- Using the West Beach SGN site?
 - Holly - only overlap control site with SGN, no harvesting along the SGN transects. 100 m away seems far enough at first thought.
 - Brad in favor of control site overlapping with SGN site
- Brad and Jessie - Separate treatments based on seed dispersal distances from literature

Action Items:

Keep 0.2ac for now, but may adjust after getting maturity/density data in 2024 to the appropriate size to collect x # of seeds. Based more in reality of restoration

Time the project as we would for restoration (seeds stage4/5)

Keep coring / seed bank component at each monitoring along diver transects

Use SGN site; keep SGN shallow transect in the control site; ensure impact >100 m away

Seed Quality (Slide 8)

- Jessie - based on marion and orth paper, NONE of her seeds would be considered viable. Consider adding additional metrics; and staining the cotyledon with tetrazolium and see if they still are viable. Fall velocity may be very region specific
 - FS has methods papers for the tetrazolium technique
- Brad - Infantes reduced fall velocity threshold; that's what they use

Action Items:

Keep 5cm/s threshold; can include staining of 40 seeds per site, only sample from the 5 DMF sites during timed collections, spaced out geographically (Duxbury, Scituate, Lynn, Salem Sound, Cape Ann).

Forest will put historic drop test data in the shared folder for reference.

Seed Germination / predator exclusion (Slide 9-11)

- Should we also include a cage control? Jessie - always. Big regrets when they are left out - Alison - may be able to do 16 pouches per quadrat instead of 9. No objections.
- Holly- do you have capacity to test nonlocal sites? Should do it if possible! -Yes

- Holly to group - is 10 seeds per pouch enough? Jessie - worry that germ rate will be too low, as it usually is in the field, to have successful experiment. Brad- may have a bunch of 0's and a bunch of 1's and 2's for results. MAY be difficult on back end to analyze these low numbers.
- Phil - predator exclusion - any attempt to quantify green crab pressure might be? Perhaps trapping?
- Brad - crabs want to burrow under the pouches. Consider putting a predator exclusion net/cage around the pouches to prevent things from digging in and under. Alyssa agreed. Consider adjusting exp. Design to incorporate this comment.

Action Items:

Collections from local (Salem Sound) and non-local site (Duxbury) in germination experiment (from timed harvest experiments)

Will now place 16 replicates within each quadrat; 20 quadrats (2 rows of 10). 160seeds/m² (1,600 seeds from each site)

Include sediment in the pouch for predator exclusion with cage

Reduce burrowing: use 1mx1m burlap squares, and stitch 16 treatments to it for pouch treatments. For control, keep bare with stakes if 4 quadrat corners to ensure collection within the right area. Cage control - nix this plan; no great way to cage the treatments

Place a baited green crab trap, mark crabs, note recapture (AF will source some gear): trap out for 24 hours, mark/release, 1 week later another 24 hour catch to find recaptures. Sex/measure upon capture. Will look into trap mesh sizes, ask alyssa what she uses

Seed harvest model (slides 12-14)

- Phil - water depth impact on flowering rates. Highest rates tend to be shallow.
- Jessie - use observation station data; at least use to overlay onto grid
- Phil - weekly should be the goal; monthly not helpful. Jessie - weekly good, good to get a measure of how much that target week changes year to year
- Brad - may be able to use SST instead after correlating with air temperature
- Holly - USGS Joel Carr did that correlation already for pleasant bay using local airport air temp aired with SST satellite and in situ water temp data; generated relationship and created a temp curve and recreated a 30 yr temp record. Its in progress
- Alyssa - could project out in time, major benefit
- Jessie - understanding how long the viable window lasts and how sharply the window of prime seed collection closes would be good to try and include (in NC the seed collection window closes quickly!).
- Forest/Jill (afterwards) - consider producing model after field data collection

Action Items:

Create regression of day of maturity against air temp from point stations. Use regression relationship to generate model using air temp raster (highest resolution possible - Jill to look for more data sources since modern NOAA rasters are 32km). Incorporate SNEP data.

Regulatory (slide 15)

- Phil - **do involve some local representative ConComs** (sites most likely to receive resto projects); target communities with some knowledge of the topic (gloucester, nahant, salem?).
 - Forest: Maybe could use a case study approach to permitting?
 - Forest: Identify towns with greatest difference between existing eelgrass habitat and suitable eelgrass habitat / historic eelgrass habitat to target for case study?
- Phil- Permitting guide: helpful to describe the process but with the understanding that different reviewers will provide different answers. Layout process, but goal is not to provide answers.
- Discussion around regulators needs to happen. Regulators need to be prepared for these types of applications. Either react individually or develop regulations / guide.

Action items:

Select regulatory participants, incl a couple ConComs

Develop a risk of components of large-scale seed-based eelgrass restoration that are/could be subject to regulation (Summer 2024)

Identify 2-3 'key' components of large-scale seed-based eelgrass restoration to highlight with case studies (Summer/Fall 2024)

Develop case studies tailored to these focused questions/components, but all around concepts of large scale restoration and bring these through permitting with the resource agencies (Winter-Summer 2025)

Write up summary of how the process went (Fall 2025)

Keep regulatory meeting scheduled for fall 2024

- General description/background of large-scale seed-based eelgrass restoration
- What's involved, what are the outcomes, fielding questions
- Where has it been used
- Has it been successful

An underwater photograph showing a close-up of a green eelgrass stem. Attached to the stem are numerous white, comma-shaped eggs, likely eelgrass seeds, arranged in a row. The background is dark blue water with some suspended particles.

Modeling & field studies to prepare for large-scale eelgrass restoration

Advisory Committee Meeting

February 26, 2024

OVERVIEW

- WHOI Sea Grant funding, 2024-2026
- Fill data gaps for seed-based restoration
 - 1) when and where reproductive eelgrass shoots should be harvested,
 - 2) the quantity, quality and germination rate of MA origin seeds,
 - 3) potential impacts of seed harvest on a donor meadow, and
 - 4) the regulatory processes needed to permit large-scale routine harvest and seeding.
- Develop Best Practice Guide



OUR ASK OF YOU

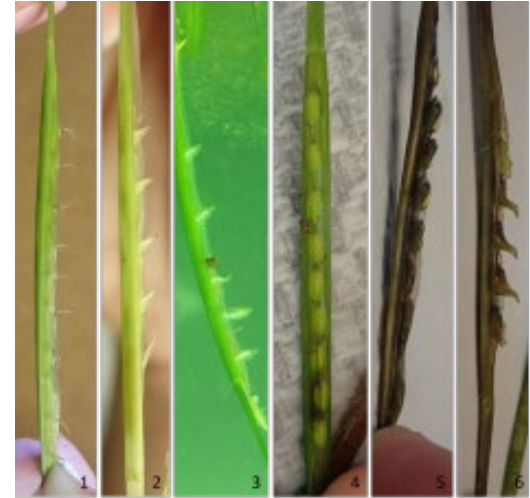
- Weigh in on project concept, scientific design, site selection
- Review QAPP and/or Best Practice Guide as able
- Provide expert guidance for permitting tasks

Field Methods

Seed Development and Timing Field Sampling (Task 4; 2024 & 2025*)

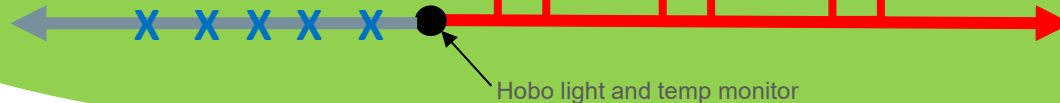
*If funds allow; budgeted for 1 year

- Follow Carr and Colarusso 'Assessing Eelgrass Flowering Density and Seed Maturity' SOP
 - Sampling 8 sites every 2-weeks from early May through early August (targeting depth of 2 m MLLW)
 - Score 5 flowering shoots following staging protocol from von Staats et al. 2021 within 24 hrs of collection
 - Count flowering and vegetative shoot density in 12 ¼ m² quadrats spaced at 2 m intervals along a transect
- Harvest efficiency
 - 1 sampling event per site (when at least 50% of spathes reach stage 4- seeds present)
 - Timed collection (surface to surface) by 2-3 divers of 100 shoots each



**Seed Maturity & Harvest
Efficiency Collections**

Flowering Shoot Density



Sampling Locations

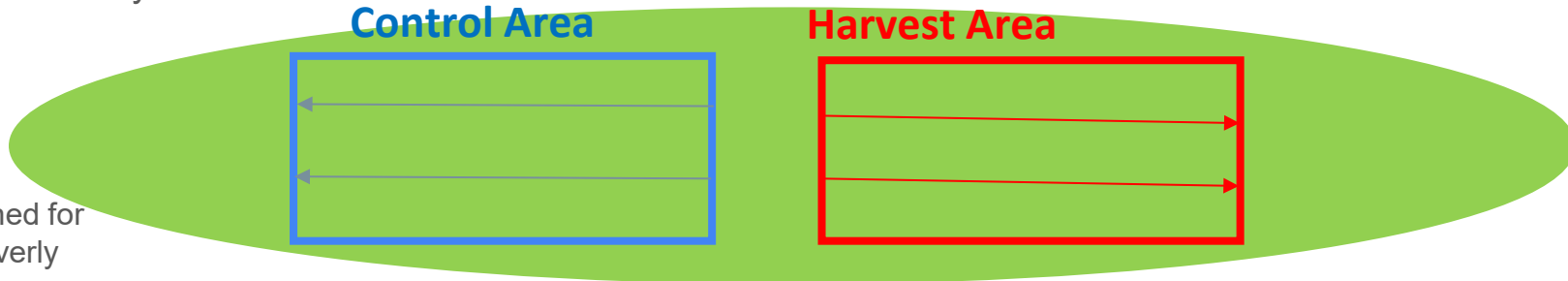


Notes:

- Goal is to sample 8 sites
- Center for Coastal Studies has agreed to monitor 2 sites on Outer Cape
- Coordinating with Cohasset Center for Student Coastal Research regarding sampling in Cohasset

Flowering Shoot Harvest Control-Impact Experiment (2025)

- All reproductive shoots will be harvested from a 40mx20m area
 - Collections by hand or mechanical harvester
- A second 40mx20m 'control' area will not be harvested
- Areas will be surveyed by divers and side scan sonar 1-week prior, within 1-week of harvest, 1-month and 3-months following harvest
 - Divers will record eelgrass density, % cover, canopy height, and note signs of damage at 20 points along 2 transects in each treatment area and possibly core to estimate seed density?).
 - The presence of eelgrass will be estimated from the side scan sonar imagery at 100 points randomly distributed in each treatment area.



Tentatively planned for
West Beach, Beverly

Seed Quality Determination (2024 & 2025)

- Seeds from timed collections and maturity sampling? (Task 4)
 - July-August 2024 & 2025
- [Marion & Orth \(2010\)](#) seed quality protocols:
 - Seed hardness (firm vs. soft)
 - Seed coat (intact vs. damaged)
 - Fall velocity (rapid vs. slow)
 - Tested in an aquarium with 22cm of seawater at 20ppt
 - 5.5cm/s fall velocity (89% germinated)
- Outreach opportunities



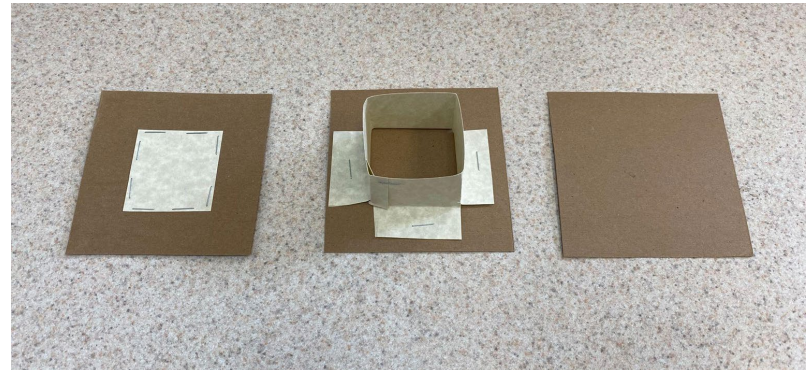
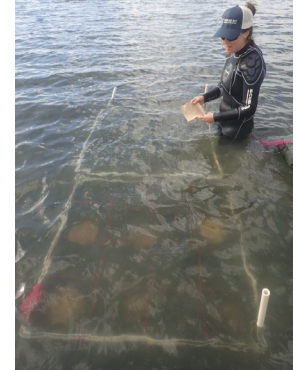
Seed Field Germination Study (2024 & 2025)

- “Good” quality seeds will be used in a predator-exclusion experiment to investigate germination rate in the field
- Shallow, subtidal water off Winter Island, Salem, MA
- Install Sept. 2024, retrieve by June 2025 and assess germination rate



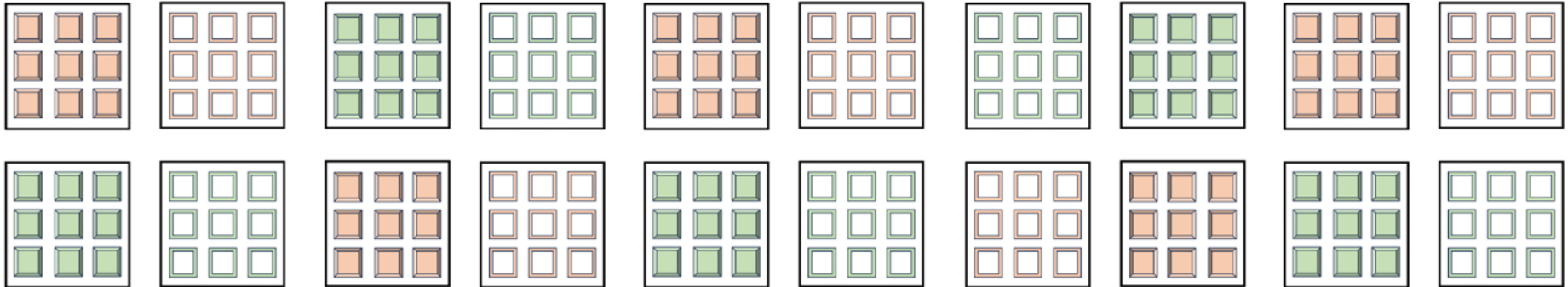
Seed Field Germination Study (2024-2025)

- [Harwell & Orth \(1999\)](#) and Morro Bay NEP method
- Burlap pouches (predator-exclusion)
 - 10 seeds enclosed in 2" x 2" pouch with 1" border
 - Covered with 2-3cm of sediment
- Cage control?
 - Harwell & Orth: pouch did not increase seed mortality (50% germination rate in greenhouse bag vs. no bag)



Seed Field Germination Study (2024-2025)

- **Research focus:** germination rate of “good” seeds from Salem Sound
 - Is there value in investigating local vs. nonlocal seeds?
- Assuming two locations:
 - Twenty 1m² quadrats, each with 9 pouch treatments
 - Per treatment: 5 quadrats = 45 pouch replicates



Seed Harvest Model

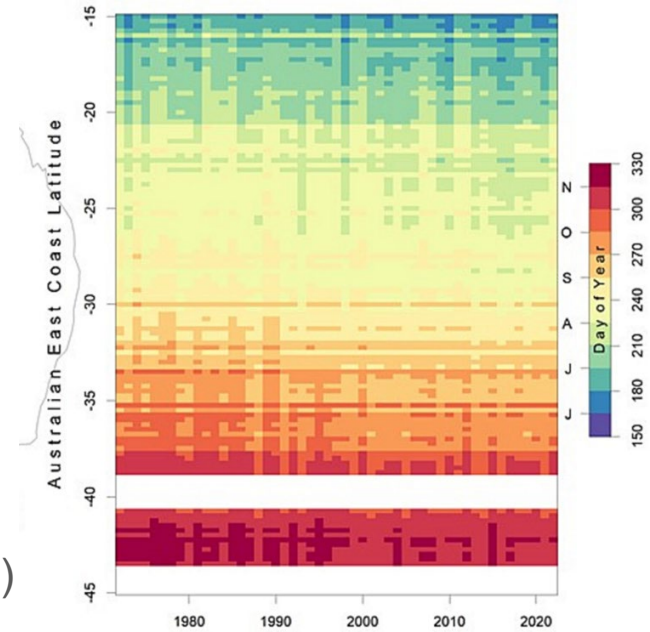
- Optimal timing for efficiency and viability: just before majority of seeds start to dehisce (but when is that?)
- [Blok et al. \(2018\)](#) found:
 - peak maturation of seeds when avg monthly air temp = 20.9°C
 - timing of peak seed maturity increased 9.8 days per 1° increase in mean annual air temperature and by 5.7 days per 1° decrease in latitude
- [Lekammudiyanse \(2024\)](#) found:
 - timing of peak seed maturity increased ~8 days per 1° increase in mean annual air temperature
 - Also looked at solar radiation, water temp, tidal variation, biotics



Seed Harvest Model

Proposed method, Step 1:

- Predict peak maturity
 - Mean air temperatures over 20+ years (?)
 - Sources (any advice?):
 - [WorldClim](#), 1970-2000, monthly (~1 km resolution)
 - [USDA](#), 1975-2005, monthly (~4 km)
 - [NOAA](#), 1979-2024, daily, **weekly (preferred)**, monthly (~32 km)
 - Model when avg temp reaches 20.9 C

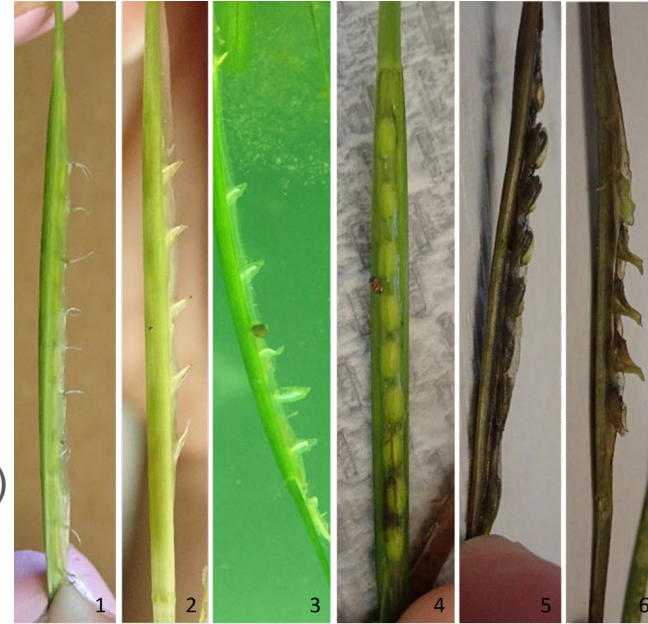


from [Lekammudiyanse \(2024\)](#)

Seed Harvest Model

Proposed method, Step 2:

- Ground truth the model
 - Assess plant maturity over several weeks at 8+ sites
 - Determine peak maturation (stage 5) day of year
 - Compare against modern air temp data (local stations?)
 - Regression analysis
 - Adjust model
 - Make pretty for GIS!



Adapted from Von Staats et al. 2021

Regulatory: How to best permit seed-based restorations?

- Host workshop with DEP, ACOE, MEPA (others?)
- Pose hypothetical scenarios of:
 - Harvesting with varying methods, frequency and scale
 - Restoring at different scales
 - Restoring with non-local seeds
- Discuss submission of 1-2 real projects for permitting:
 - What regulatory language exists currently?
 - What additional science is needed from regulators?
- Is a “permitting guide” too ambitious for our project? Pros/Cons prescriptive regs vs more discretionary process?

Discussion